



*Cognitive
Enhancement
Therapy*

**CET Conference
Sponsored by**



**Tuesday, September 27, 2011
11:30AM - 2:00PM**

**MHA Community Building
914 South Street, Lafayette**

**Registration: \$30.00
Includes Lunch
2.0 CEUs**

**The Mental Health
Collaborative
Planning Committee**

- Franciscan St. Elizabeth Health
- Lafayette Crisis Center
- Mental Health America
of Tippecanoe County
- NAMI - West Central Indiana
- Wabash Valley Alliance

Cognitive Enhancement Therapy: Physical Therapy for the Brain

**Featured Speaker:
Ray Gonzalez, LISW-S, ACSW
Executive Director
Center for Cognition and Recovery
Cleveland, Ohio**

Cognitive Enhancement Therapy (CET) uses a variety of neuropsychological and social cognitive treatments to improve cognitive and social functioning of persons with significant emotional disabilities or mental illnesses.

Cognitive Enhancement Therapy:

- Is an evidence-based practice, developed in a study funded by the National Institute on Mental Health in 1997. The results of this study were published in “The Archives of General Psychiatry.
- Integrates neurocognitive training with social cognitive group sessions.
- Is now offered at 12 sites in five states with a 90% attendance rate and an 85% graduation rate.

Participants will be able to:

- Explain and discuss what CET is and how it is relevant for persons recovering from mental illness.
- Identify social cognition abilities that tend to be significantly impaired in mental illness.
- Apply information and strategies in their work with consumers to improve functioning and enhance recovery.

2.0 CEUs are available for marriage and family therapists, mental health counselors, psychologists and social workers.

Registration is available online at **www.mhalafayette.org**.
(Please click the Events tab.)

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You may also mail this form with check to Mental Health America, 914 South Street, Lafayette, IN 47901.

Name: _____ Email: _____

Clinic: _____ Phone: _____

Address: _____ Amt. Enclosed: _____